



Graham School

Building Character

Curiosity Gratitude Grit Optimism Self-Control Social Intelligence Zest

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Dear Parent/Carer

As you are aware, your child may have been receiving some sex education in their Science lessons. As part of our Life Skills course, Graham School provides a Relationships and Sex Education (**RSE**) course for all students. The important distinction between this and the information delivered in Science is that this programme will cover the difficulties of mature relationships. The course has been planned to deliver age appropriate material.

The elements of the course that we will be covering will be centred around the following topics:

- **Year 7:** Puberty, hormones and body changes. E-safety
- **Year 8:** Body image, menstruation and fertility, sexuality and e-safety.
- **Year 9:** Relationships, Contraception, STI's, sources of support. E-safety
- **Year 10:** Sexuality, positive relationships, parenthood and choices.
- **Year 11:** This year group are not timetabled for Life Skills lessons but will have drop down days on a range of issues including Careers and Relationships.

We are obviously aware that this is a sensitive area for many people and we want to ensure that the programme is appropriate for all students. If you have any queries at all about what we are intending to cover or how we intend to approach things, **please do not hesitate to contact me at school.**

You have the right to withdraw your child from these lessons should you wish, although we would obviously hope that you do not as we feel that our RSE programme is very valuable in ensuring that your child is able to make healthy and safe choices in the future.

We will assume that if you have not contacted me by Friday October 7th 2016 that you are happy for your child to participate in lessons.

I hope to offer an afternoon and evening workshop on Relationships and Sex Education for parents/carers of teenagers. I will send out details next half-term.

Many thanks in anticipation of your help.

Yours faithfully

Cathy Fairley
Head of Life Skills